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**HEALTHCARE REALTY NAMES THE PLAZA COMPANIES THE EXCLUSIVE
LEASING BROKER FOR PIMA MEDICAL PAVILION**

For Immediate Release

March 18, 2009 (Peoria, AZ)...The Plaza Companies has been awarded the right to exclusively market and lease the Pima Medical Pavilion located at 8415 and 8465 N. Pima Road, Scottsdale, Arizona. The two building, two-story, 180,000 square foot Pima Medical Pavilion is located within the Pima Center.

Hilla Nassiri, Leasing Director with Healthcare Realty states, "With strong projected growth, Scottsdale will ultimately demand additional health care facilities and services. The objective of the Pima Medical Pavilion is to provide outpatient medical services in this well-established medical market. This development will complement the surrounding Scottsdale area hospitals and will provide the ideal location for physicians serving their patients in the greater Scottsdale community. Healthcare Realty is pleased to have the Plaza Companies list these valued properties. Our brokers', Megan Sherwood and Camille Patterson, expertise and experience are recognized and highly regarded within the medical community."

According to Megan Sherwood, Chief Leasing Officer for The Plaza Companies, “This project is a true Class A medical office building with a strategic location highly attractive to physicians, and exquisite interior finishes. It will create an excellent environment for physician and medical practices. Plaza looks forward to partnering with Healthcare Realty on this project. The Plaza Companies has a superior reputation for excellence in the medical office industry and we look forward to this opportunity.”

The Pima Center is located along the Loop 101 Freeway at the Via de Venture / Pima-90th Street interchanges at the far northwest corner of the Salt River Pima-Maricopa Indian Community. Nestled among the abundant amenities of northeast Scottsdale, Pima Center offers a cost-effective, upscale business environment for the discriminating corporate client.

Pima Medical Pavilion offers distinctive advantages to prospective tenants, including a tremendous floor load capacity, included HVAC system, gurney-sized elevators and private physicians lounge. In addition, the project offers economic incentives including accelerated depreciation and lower taxes. These project attributes set Pima Medical Pavilion apart from all other medical office buildings. For information, visit: www.pimamedpavilion.com.

About The Plaza Companies

The Plaza Companies, based in Arizona, is an award-winning leader in the development, acquisition and management of medical office properties, technology and bioscience parks, and senior living facilities. The Plaza Companies is a full service real estate and brokerage company started in 1982. The Company’s portfolio is valued at more than \$1 billion dollars. Signature projects include SkySong, the ASU Innovation Center, Banner Estrella Medical Plaza, Classic Residence at Silverstone, and Paradise Valley Medical Plaza. More information is available via internet at: www.theplazaco.com, or by calling 623-972-1184.

About Healthcare Realty

Healthcare Realty (NYSE: HR) is a real estate investment trust (REIT) that integrates owning, managing and developing properties associated with the delivery of healthcare services throughout the United States. The Company focuses on the investment of medical office and outpatient facilities, and over recent years, has constructed more than \$500 million worth of outpatient real estate. Healthcare Realty's 192 owned properties are located in 27 states, totaling approximately 11.7 million square feet. In addition, the company provides property management services to approximately 8.5 million square feet nationwide. For more information, visit: www.healthcarerealty.com.